

# Practical Application

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- **For the processes you interact with regularly, which ones are relatively small and in your control and may be ideal for improvement?**
  - Try following these Lean workout steps for your own process under your control.
    - This will get you comfortable to the process for the Lean workout to see how it works.
- **For other processes that are larger in scale and over which you don't have full control, which ones may be ideal for improvement?**
  - Try investigating these further to see if a Lean workout may help in streamlining the process.
    - Who would be the Sponsor for the effort? Will that Sponsor allow you to lead a Lean workout?
    - Talk to the Sponsor about getting his/her support for letting you lead a Lean workout.
    - Then, follow the remaining steps for planning and leading the workout.